

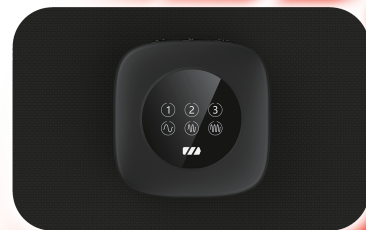
# Pain Relief Pad

Painrelpad-001

## USER MANUAL

料号

2024/06/19



# IMPORTANT SAFETY INSTRUCTIONS

## DO NOT DESTROY !

Read all instructions before using.

### **WARNING:**

1. Always unplug this device from the electrical outlet immediately after charging and before cleaning or using.
2. Do not use while bathing or in a shower
3. Do not place or store device where it can fall or be pulled into a tub or sink. Do not place in a drop into water or other liquid
4. Keep dry. Do not operate in a wet or moist condition.
5. This is not a toy, for adult use only.
6. Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
7. Do not carry this device by the cord or use cord as a handle.
8. Keep the cord away from heated surfaces.
9. Never drop or insert any object into any opening
10. Suitable for dry location ONLY. Do not use outdoors or on wet surfaces and do not expose to water or rain.
11. Use heated surface carefully. May cause serious burns. Do not use over insensitive skin areas or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.

12. Temperatures sufficiently high to cause burns may occur regardless of the control setting. Do not use on an infant or invalid or on a sleeping or unconscious person. Check the skin in contact with the heated area of the device frequently to reduce the risk of blistering. Immediately remove from body and turn off at first sign of discomfort.
13. This device must not be used by persons insensitive to heat and other very vulnerable persons who are unable to react to overheating.
14. Do not crush, Avoid folding with sharp creases. Do not fold heating pad while in use.

## CAUTION:

When using an electrical device, basic precautions should always be followed, including the following:

1. For adult use only.
2. This device is not intended for use by persons ( including children ) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge of how to use this device, unless they have been given supervision or instruction concerning use of the device, unless they have been given supervision or instruction concerning use of the device by a person responsible for their safety.
3. Children under the age of three are not to use this device due to their inability to react to overheating.
4. Device has a heated surface, persons sensitive to heat must be careful.

when using the device.

5. Do not attempt to disassemble.
6. Carefully examine the device before each use.
7. Do not operate where aerosol ( spray ) products are being used or where oxygen is being administered.

## **PLEASE DO NOT USE THE DEVICE WITHOUT FIRST OBTAINING APPROVAL FROM YOUR DOCTOR IF ANY OF THE FOLLOWING APPLY:**

1. Pregnancy, diabetes with complications such as neuropathy or retinal damage, wear of pace-makers, recent surgery, epilepsy or migraines, spondylolisthesis, spondylolysis, or spondylosis, recent joint replacement or IUD' smetal pins or plates or any concerns about your physical health. Frail individuals and children should be accompanied by an adult when using vibration device.

These contraindications do not mean that you are not able to use a vibration or exercise device but we do advise you to consult a doctor first.

## PRODUCT INTRODUCTION:

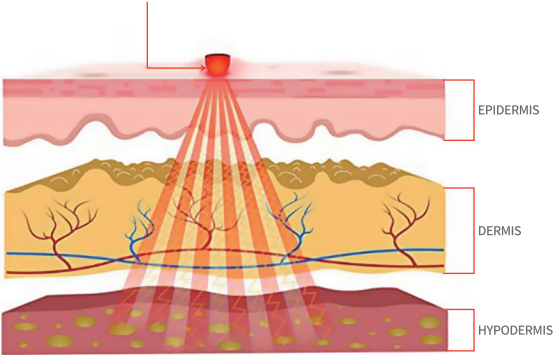
This pain relief pad integrates red light therapy with heating and vibration functions.

Red light therapy, employing light-emitting diodes (LEDs) or low-level laser therapy (LLLT), stimulates cellular activity to achieve therapeutic benefits.

Red light, at the visible end of the spectrum but with longer wavelengths, penetrates the body to a depth of about 3 to 5 centimeters, reaching the mitochondria of cells beneath the skin. This stimulates biological reactions, offering potential benefits such as improved skin health, enhanced wound healing, pain relief, reduced inflammation, and improved muscle recovery.

RED LIGHT

Is absorbed by skin tissue helps support collagen production and the optimal health of your skin.



INDICATION:

- Relieve Pain and tension anywhere in body
- Improving blood circulation
- Massage



PRODUCT SPECIFICATIONS:

Red light wavelength	660nm*8 chips
Battery(Qty&Type)	1pc & Lithium battery 1200mAh
Material	ABS
Default working time	10 minute



## PRODUCT KITS:

### One set device including

Host	1 unit
Heating pad	3 unit
Carrying pouch	1 unit
USB cable	1 unit
Manual	1 unit



Host



USB line

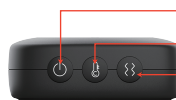


Carrying pouch



pad \*3

## HOST INFORMATION:



- 1: on/off
- 2: Heating
- 3: Vibration



- 4: Heating level marks, 3 levels for option
- 5: Vibration marks, 3 modes for option
- 6: Battery capacity



- 7:red light beams
- 8:Magnet button for assembling pad
- 9:PINS for charging



- 10:Type C connection for charging


## OPERATION INSTRUCTION:



Figure 1



Figure 2

Long press  to turn the device on, and it has a slight vibration, the battery icon will light up on the display as figure 1.


Short press  again, the red light will output(Ref., figure 2). when press power button again, red light turns off.



Figure 3



Short press  button to start heating function, there is 3 levels of heating intensity. the first time you press the heating button, the power will go to lower intensity, when you press button again, the power intensity will begin the higher intensity function, when you press it at third time, the power intensity will begin the highest intensity function, when the forth time press, the heating function is turn off, reference figure 3.



Figure 4

Short press  button to start vibration function, there is 3 pattern, first press is for first pattern, second press and third press display different vibration pattern as figure 4, forth press turns off massaging function.

## ASSEMBLING:

Place Paste product on the body which desired to treat and assembling Host with pad, reference figure 5 below.

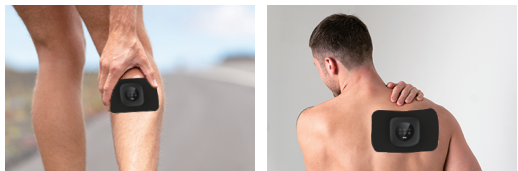


Figure 5

## USING GUIDANCE :

General, the device can be used several times per day, we would recommend using twice per day, 10 minutes for each time, the device can be short down automatically after 10 minutes.

## TRANSPORTATION AND STORAGE:

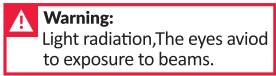
General transportation tools are allowed, but strong shocks, vibration, snow and rain splash should be avoided in transportation process. The packed device shall be stored in the room with more than 80% relative humidity and without corrosive gas and well-ventilation. Avoid placing it in places exposed to sunlight.

## SIGNS:

According to regulation in EN60825-1 standard, Light aperture product be accompanied by a radiation warning sign and a radiation declarative sign.



Radiation warning sign



Radiation declarative sign

## DESCRIPTION OF OTHER SIGNS:



No littering



CLASS II equipment



Operating instructions



CE Mark



Type BF applied part



laser output window

IP22

Protection against  
ingress of liquid



keep dry



keep away from sunlight



Fragile



Up

## CAUTION:

Not intended for medical use in hospitals, Intended for household or commercial use.

When not in use, it is recommended to store the device between -10°C~ 25°C